

HYPOGLYCEMIA (INSULIN REACTION)

(Signs and symptoms occur very quickly — over several days)

Watch for:

- Cold sweat, faintness, dizziness
- Headache
- Pounding of heart, trembling, nervousness
- Blurred vision
- Hunger
- Irritability
- Personality change
- Not able to awaken

What to do:

- Check blood sugar level if possible
- Take 2 to 3 BD™ Glucose Tablets, liquids or foods containing sugar
- Wait 15 minutes and retest blood sugar
- If blood sugar is still less than 60 mg/dl, treat with BD™ Glucose Tablets or liquids/foods containing sugar. Follow with next meal or snack
- Do not give anything by mouth if not conscious
- If unconscious give glucagon according to package directions and call local Emergency Medical Services
- Report all moderate and severe reactions to Doctor

Causes:

- Too much insulin
- Not eating enough food
- Unusual amount of exercise
- Delayed meal
- Drinking alcohol without eating food

**LOW
BLOOD
SUGAR**